

**Attachment XX
(To Establish the CSUs)**

A. SCOPE OF SERVICES:

Crisis Stabilization Unit

By entering into this Grant agreement, the Grantee shall provide the services named and defined, and adhere to the eligibility requirements as stated in the provision of those services and goals as listed in Sections A.1., A.2. and A.3.

A.1. Service Definition:

The Grantee shall establish a crisis stabilization unit, become licensed to operate, and provide staff and resources to assist the State in fulfilling its mission to implement and maintain crisis stabilization unit services for service recipients. A crisis stabilization unit is defined as a licensed facility rendering short-term supervised care services, accessed to prevent further increase in symptoms of a behavioral health illness and/or to prevent acute hospitalization.

A.2. Service Recipients:

This service is for any adult (18 and over) experiencing a behavioral health crisis, an urgent condition, or a psychiatric emergency. A behavioral health crisis is any behavioral health issue perceived to be a crisis by the individual, family, crisis services, or others who closely observe the individual. A behavioral health crisis can be either an **emergency** or **urgent** in nature. A **behavioral health emergency** is defined as an acute onset of a behavioral health condition that manifests itself by an immediate substantial likelihood of serious harm. This includes service recipients who threaten or attempt suicide or serious bodily harm or are unable to avoid severe impairment or injury from specific risks. An **urgent condition** is the acute onset of a psychiatric condition, not constituting an immediate substantial likelihood of harm to self or others, but if left untreated it may deteriorate into a behavioral health emergency or cause the individual undue anxiety.

A.3. Service Goal(s):

To insure that service recipients in Tennessee who access the crisis service delivery system have a continuum of care available to meet their clinical needs in the least restrictive and most appropriate setting to alleviate their symptoms. The service objective is to stabilize the service recipient and strengthen or develop his/her support system and coping skills while allowing the individual to remain in the community during and after the crisis period. The CSU is to assist the service recipient in achieving or improving his/her prior functioning level following a crisis situation.

A.4. Structure:

- a. Grantee must establish and maintain a licensed crisis stabilization unit for individuals who present in behavioral health crisis as outlined in the application for funding proposal submitted by the Grantee, and any subsequent revisions as approved by the State, which is incorporated into this Grant Contract by

reference. The crisis stabilization unit(s) identified for funding through this Grant Contract and the number of beds per unit:

- XX (XX)
- b. Funds derived from this Grant Contract can be used for expenses related to the establishment of a crisis stabilization unit(s) through acquisition, construction, and/or building rehabilitation.
 - c. Grantee shall ensure that the location of the crisis stabilization unit(s) is safe and accessible to behavioral health providers, emergency service providers, law enforcement, and service recipients.